

REPORT TO: Cabinet Member for Health and Social Care

DATE: 16th March 2011

SUBJECT: No Health without Mental Health.
A cross-government mental health outcomes strategy for people of all ages.

WARDS AFFECTED: All

REPORT OF: Robina Critchley
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EXEMPT/CONFIDENTIAL: N/A

PURPOSE/SUMMARY: To inform the Cabinet Member of ' <i>No health without mental health</i> ' a national mental health outcomes strategy for England.

REASON WHY DECISION REQUIRED: The report is presented for information.
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RECOMMENDATION(S): The Cabinet Member is asked to note and approve the content of this report

KEY DECISION: No

FORWARD PLAN: No

IMPLEMENTATION DATE: February 2011

ALTERNATIVE OPTIONS: N/A

IMPLICATIONS: N/A

Budget/Policy Framework: N/A

Financial: There are no financial implications for Sefton Council directly arising from the content of this report.

<u>CAPITAL EXPENDITURE</u>	2009 2010 £	2010/ 2011 £	2011/ 2012 £	2012/ 2013 £
Gross Increase in Capital Expenditure		0		
Funded by:		0		
Sefton Capital Resources		0		
Specific Capital Resources		0		
<u>REVENUE IMPLICATIONS</u>				
Gross Increase in Revenue Expenditure		0		
Funded by:		0		
Sefton funded Resources		0		
Funded from External Resources		0		
Does the External Funding have an expiry date? Y/N		When? N/A		
How will the service be funded post expiry?		N/A		

Legal: N/A

Risk Assessment: There are no significant risks arising from this report.

Asset Management: N/A

CONSULTATION UNDERTAKEN/VIEWS

The Head of Corporate Legal Services has been consulted and has no comments on this report **LD Number 00057/11**

The Interim Head of Corporate Finance & Information Services has been consulted and has no comments on this report. **FD667/2011**

CORPORATE OBJECTIVE MONITORING:

<u>Corporate Objective</u>		<u>Positive Impact</u>	<u>Neutral Impact</u>	<u>Negative Impact</u>
1	Creating a Learning Community		√	
2	Creating Safe Communities		√	
3	Jobs and Prosperity		√	
4	Improving Health and Well-Being	√		
5	Environmental Sustainability		√	
6	Creating Inclusive Communities	√		
7	Improving the Quality of Council Services and Strengthening local Democracy	√		
8	Children and Young People		√	

LIST OF BACKGROUND PAPERS RELIED UPON IN THE PREPARATION OF THIS REPORT

None

Background

No health without mental health replaces *New Horizons* as the main policy driver for mental health services in England. Published in January 2010, *New Horizons* itself replaced the *National Service Framework for Mental Health* (NSF), a 10 year programme designed to set consistent and measurable standards for the delivery of mental health care across England and Wales and setting out the framework within which health and social care services were required to work.

The NSF was supported by a series of tightly performance-managed Policy Information Guides which set out in detail the type of service and team that were expected to be in place in all mental health services in the country. While the NSF aimed to improve services for all users, priorities in the main focused on those with complex needs accessing secondary services.

In later years, the previous Government's mental health policy became more focused on themes which promoted social inclusion, the individual's engagement with their communities and working life and which challenged inequality and stigma.

New Horizons supported these themes and was built on the premise that mental health and well-being - for individuals, families and communities – is not only the primary responsibility of health and social care services, but of a much wider group of statutory, voluntary sector and community organisations. It stressed the need for partnerships across organisations to deliver the agenda, and places emphasises on the key strategic role of local authorities and local strategic partnerships.

Following the formation of the Coalition Government in May 2010 it became clear that *New Horizons* was not going to be fully implemented and the Government announced that it would introduce a new, replacement, mental health strategy that built upon the strengths of *New Horizons* but placed a clearer focus on outcomes and greater clarity on delivery.

No health without mental health

No health without mental health is subtitled 'A cross-government mental health outcomes strategy for people of all ages'. This title supports the contention that mental health is everyone's business; requiring intervention from a wide range of stakeholders and organisations, including national and local government, private and voluntary organisations, employers, users, carers and the wider public.

The strategy is supported by a series of documents including the economic case for improving efficiency and quality in mental health, an outcomes paper, a four year action plan of action to improve access to talking therapies and an impact assessment.

No health without mental health adopts a life course approach; encompassing infants, children, young people, working age adults and older people.

Mental health problems are common and have profound consequences for individuals, families, communities and the wider society:

- one in four people will experience a mental health problem during their life and one in six adults has a mental health problem at any one time,
- one in ten children between 5 and 16 years has a mental health or behavioural problem and many continue to have difficulties into adulthood,
- half of those with lifetime mental health problems first experience symptoms by age 14 and three-quarters by their mid-20s.
- people with severe mental illnesses often have worse physical health than the general population and die on average 20 years earlier,
- our most deprived communities have the poorest mental and physical health and wellbeing,
- mental ill health represents up to 23% of the total burden of ill health in the UK – the largest single cause of disability – estimates suggest costs could double over 20 years,
- the total cost of mental ill health in England is estimated at £105 billion, of which £30 billion is work related. It is the most common reason for incapacity benefit claims – 43% of the 2.6 million claimants.

The overall aims of the strategy are to:

- improve outcomes for people with MH problems, and
- improve MH and wellbeing of the population and keep people well.

The strategy is underpinned by the Coalition Government's three guiding principles of:

- freedom: - reaching our potential, personalisation and control,
- fairness: - equality, justice and human rights, and
- responsibility: - everyone playing their part and valuing relationships.

The aims and principles are underpinned by six high level mental health objectives;

1. more people will have good mental health
2. more people with MH problems to recover
3. more people with MH problems to enjoy good physical health
4. more people will have positive experiences of care and support
5. fewer people to suffer avoidable harm
6. fewer people will experience stigma and discrimination

Each objective is supported by a series of actions; 56 in total, which are described as either; underway, such as developing the Carers Strategy and implementing the new Drug Reduction Strategy and the Equality Act; ongoing, such as the Active at 60 programme, implementing the recommendations of *A Vision for Social Care* and the priorities of the *National Dementia Strategy*; or proposed, which include new national suicide prevention strategy, smoking, and tobacco reduction strategies, and prioritising health and wellbeing in schools.

No health without mental health is described as a cross-cutting and cross-Government strategy linked to the NHS, public health and local authority outcomes frameworks.

The Government's Cabinet sub-Committee on Public Health will oversee the implementation of the strategy. It will be supported by the Cabinet Committee on Social Justice, which will oversee progress by government departments to ensure effective cross-government action to address the social causes and consequences of mental health problems. The Department of Health will provide support and advice to GP Commissioning Consortia to help consortia to commission mental health promoting services. The new statutory Health and Wellbeing Boards will bring local partners together to carry out a joint strategic needs assessment and ensure that local health and well being strategies respond to identified need and to influence both public health and GP consortia commissioning.

A number of specific areas for development are identified within the strategy. These include:

- promoting personalisation, choice and personal health budgets. This supports, and is modelled on, the direction of travel in adult social care. Sefton is in a good position regarding personal health budgets as NHS Sefton, in collaboration with the Adult Social Care Department, has been the lead PCT, in partnership with Liverpool and Knowsley colleagues, in a national personal health budget pilot that concludes in March 2012,
- improving access to psychological therapies. £400 million over the Spending Review period is to be invested to ensure greater choice of psychological therapies and to ensure that such approaches are available in children and young people's services,
- the importance of employment in promoting recovery is identified and each area is required to people accessing psychological therapy services have access to an employment advisor,
- mental health services have a key role in fulfilling the Military Covenant in providing support to veterans and members of the armed forces,
- payment by results for mental health services will be introduced from 2012 and are identified in the strategy as means of driving up quality. Providers will be required to assess and allocate service users to one of 21 currencies and will be paid a tariff based on need. The currencies are not setting-dependent, minimising any incentive for providers to keep people in hospital longer than is necessary,

Local government will play a central role in ensuring that local partners and partnership arrangements can deliver the shared mental health objectives via the local health and wellbeing boards. The new enhanced role played by local government in delivering public health recognises that mental health is intrinsic to positive health and wellbeing.